



RESILIENT
COMMUNITIES
OF EAST GEORGIA

2025 ANNUAL REPORT



Table of Contents

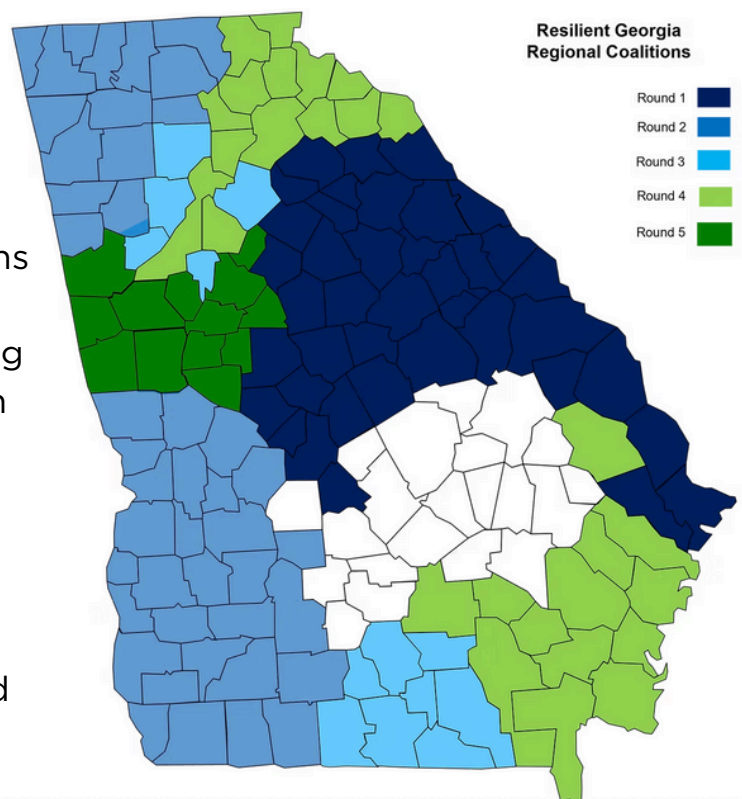
RCEG ANNUAL REPORT 2025

About Resilient Georgia Regional Coalitions	3
Coalition Mission	5
Summary	6
Leadership Team and Contributors	8
Coalition Partners	11
Message from Coalition	12
Summary of Key Impacts	13
Accomplishments: Year 6	16
Trauma-Informed Care and Adverse Childhood Experiences Related Efforts	18
Innovative Partnerships	32
Spotlight	35
Inspired Action	37
Income Statement	40
Acknowledgements	41

About

Resilient Georgia Regional Coalitions

- Resilient Georgia has been working with 18 regions across Georgia to provide an emphasis on trauma-informed awareness and care, Adverse Childhood Experiences (ACEs) and child sexual abuse prevention training as a basis to transform systems and procedures crossing both public and private sectors.
- Resilient Georgia serves as a supportive and guiding resource during each region's planning and implementation process.
- These regional action plans each address the behavioral health needs of individuals birth through 26 years old and families in the community and surrounding counties using the Collective Impact framework (a diverse, robust and well-planned public-private partnership).
- Trauma-Informed Care, ACEs and child sexual abuse prevention can be the basis for systemic changes in a community. Each region has identified how one or more of these content areas are delivered to diverse community members through formal training, education, marketing and communications.
- In November of 2019, Resilient Georgia began partnering with Round 1 regional coalitions based out of Athens, Augusta, Macon, Savannah and surrounding areas. Round 2 partnerships began in July 2020 with regional coalitions based out of Albany, Columbus, Rome, Thomasville and surrounding areas. Round 3 partnerships began in March 2021 with regional coalitions based out of Clayton, Cobb, Gwinnett, Valdosta and surrounding areas. Round 4 partnerships began in December 2021 with regional coalitions based out of Atlanta, Brunswick, Gainesville, and Waycross and the surrounding areas.



About

Resilient Georgia Regional Coalitions *cont.*

- In their third and fourth years of partnership with Resilient Georgia, coalitions have bolstered their work to create bold, systemic, sustainable change in consistent ways across statewide issues, to affect policy, systems and environmental (PSE) change and incorporated a Justice, Equity, Diversity, and Inclusion (JEDI) lens in their action plans.
- In their fifth and sixth years of partnership, coalitions were to deepen their efforts to effectively engage partners across all regional counties, ensuring comprehensive representation and participation, particularly in under-resourced and historically underserved areas.



Coalition priorities for Year 5 and 6 to align with Resilient Georgia's 2023-2025 strategic map:

- Develop and Implement Coordinated Trauma-Informed Practices across Systems (A)
- Implement Trauma-Informed Practices (A3)
- Promote the Adoption of Evidence-Based Practices to Prevent ACEs and Foster PCEs (A4)
- Build Awareness and a Common Language/Understanding about Adversity and Resilience (C)
- Communicate, Promote, and Implement the Elements of a Common Language (C1)
- Convene, Align, and Expand Existing Training Groups (C4)
- Advocate and Partner to Drive Policy and Systems Change (D)
- Partner with Diverse Stakeholders to Drive a Policy Agenda Informed by the Community and Focused on Sustainable Systems Change (D2)
- Build Equitable Access to Early Prevention and Treatment (E)
- Promote and Expand Equitable Access in Rural and Under-Resourced Areas and Ensure Successful Participation and Intentional Engagement with Every County in the Region (E1)

Coalition Mission

Creating a Resilient Future, Together

At Resilient Communities of East Georgia, we're on a mission to transform lives. By addressing the impact of Adverse Childhood Experiences (ACEs) and teaching trauma-informed care, we're building a network of leaders committed to strengthening individuals, families, and communities across 14 counties in the Central Savannah River Area.



Resilient Communities of East Georgia strives to transform the East Central region of Georgia through promoting health and well-being across both public and private sectors.

The vision of Resilient Communities of East Georgia is to give all people the voice they need to thrive and be successful.

Resilient Communities of East Georgia is committed to championing advocacy, fostering a deep sense of belonging, and building a strong, inclusive community. We believe that every person deserves to be heard, supported, and given the tools to thrive.

Summary

We are committed to creating lasting change through a holistic, multi-faceted approach that addresses the root causes and long-term solutions to adverse childhood experiences, trauma-informed care and healing-centered engagement.

THE RESILIENT COMMUNITIES OF EAST GEORGIA COALITION AIMS TO :



Improve the mental health and wellbeing of teens by offering opportunities to build their coping skills and enhance their understanding of their emotions and feelings through their participation in Resilient Teens.



Advance the health-care workforce by exposing teens to young people in medical school and developing more trauma-informed physicians through their participation in Resilient Teens.



Promote coordinated cross-sector trauma-informed initiatives across systems by educating community coalition members on Adverse Childhood Experiences and the power of Positive Childhood Experiences in mitigating the effects of ACEs.



Build a common language around trauma, resilience and equity through trainings and community presentations.



Advocate for change using a JEDI lens by ensuring diverse voices are included in decision-making.

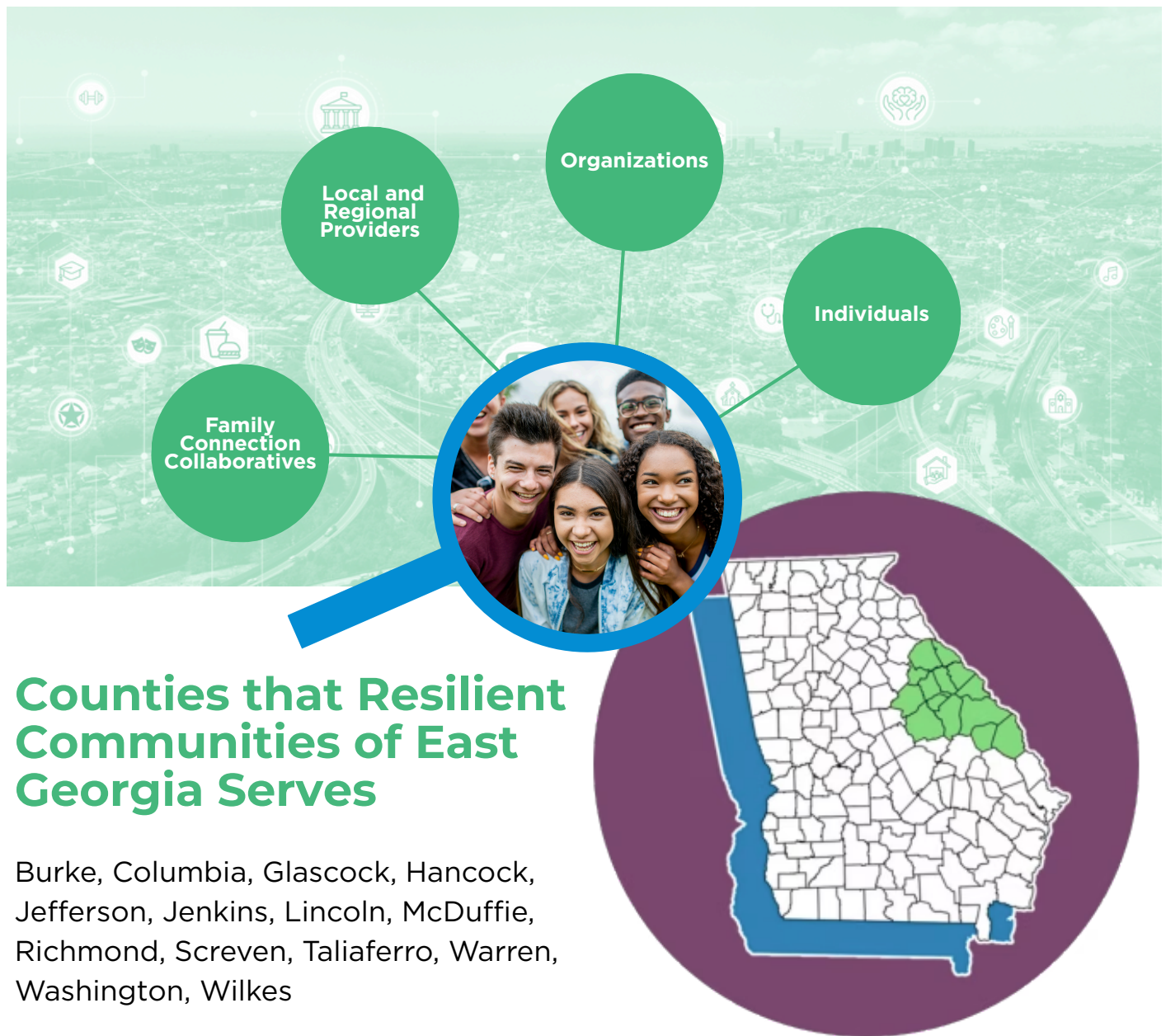


Create a sustainable model for regional collaboration and action by partnering with organizations with similar goals and values to work toward a common outcome.

Summary

Population of Focus

To drive effective and sustainable change for the birth-to-26 population, Resilient Communities of East Georgia works with 14 Family Connection Collaboratives, local and regional providers, organizations, and individuals across all sectors of the community with a specific focus on teens and young adults.



Counties that Resilient Communities of East Georgia Serves

Burke, Columbia, Glascock, Hancock, Jefferson, Jenkins, Lincoln, McDuffie, Richmond, Screven, Taliaferro, Warren, Washington, Wilkes

Leadership Team & Contributors

Board of Directors



**Anna Reeves
(Chair)**

Owner, Paws and
Claws Pet Bakery



**Jonathan English
(Vice Chair)**

Owner, State
Farm Agency



**Jennifer Scott
(Treasurer)**

Interim VP for
Communications and
Marketing, Medical
College of Georgia,
Augusta University



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Schools/Burke County
Middle School



Holly Weaver

Interior Designer,
Design Images
and Gifts



Seth Smith

Marketing Specialist,
Hull Property Group



Chandler Shields

Audit Supervisor,
SME CPAs

Leadership Team & Contributors

Coalition Leaders & Staff



Dr. April Hartman, MD, FAAP

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Executive Director, Child Enrichment



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Teresa Carter, M.ED., MNLM

Executive Director, Burke County
Family Connection, Inc.

Leadership Team & Contributors

Coalition Leaders & Staff *cont.*



Through our partnership with United Way of the CSRA and the AmeriCorps VISTA program, we are grateful to host dedicated team members who are using their skills, passion, and service to build stronger, more resilient communities. AmeriCorps VISTA members commit a full year to advancing local solutions, working alongside organizations like ours to expand capacity, strengthen partnerships, and address the root causes of poverty.



Amber Bowick
Americorps
VISTAS



Lena Garrard
Americorps
VISTAS

Research Strategy Team



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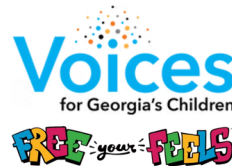
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Coalition Partners



Message from Coalition

We are committed to creating lasting change through a holistic, multi-faceted approach that addresses the root causes and long-term solutions to adverse childhood experiences, trauma-informed care and healing centered engagement.

2025 was a year of meaningful growth, connection, and transformation for Resilient Communities of East Georgia (RCEG). Guided by our mission to promote health, well-being, and resilience across both public and private sectors, we continued to expand our impact through prevention, training, research, and systems change—building communities where every child, family, and professional has the tools to thrive.

As the lead agency for the Resilient Georgia regional coalition covering 14 counties, RCEG stands at the intersection of collaboration and innovation. Our work in 2025 reflects the belief that true transformation happens when individuals, systems, and communities unite around a shared purpose: to create environments where resilient kids grow in resilient communities. This year, we saw that belief in action.

From new partnerships and school-based programs to expanded trainings, data initiatives, and statewide collaboration, RCEG strengthened its role as both a catalyst for change and a bridge between people and systems working toward a common goal—healing and hope.



Summary of Key Impacts

Year 1 – Year 5

Over the past five years, Resilient Communities of East Georgia (RCEG) has evolved from a newly forming coalition into a coordinated regional movement advancing trauma awareness, prevention, youth empowerment, and community resilience. Launched during the COVID-19 pandemic, the coalition developed and implemented the Resilient Teens program to address the long-term impacts of Adverse Childhood Experiences (ACEs) and support well-being among youth across the region.

The program has been consistently available to all 14 counties, engaging schools, community organizations, and healthcare partners to ensure equitable access. RCEG has cultivated strong multi-sector partnerships, expanded trauma-informed training throughout youth-serving systems, hosted community-wide summits, strengthened policy and advocacy efforts, and developed measurable outcomes showing improved coping skills and support-seeking behaviors among teens.

COMPREHENSIVE IMPACT SUMMARY (YEARS 1-5)



Program Implementation & Youth Outcomes

- Created and launched the Resilient Teens program during the pandemic to support adolescent well-being, resilience, and social-emotional skills.
- Completed 9 total cohorts of the 8-week Resilient Teens program through Fall 2024, reaching 507 teens from across all 14 counties.
- Demonstrated strong behavioral outcomes, including a 33% increase in teens reporting they talk to a trusted adult when feeling anxious or upset.

Summary of Key Impacts

Year 1 – Year 5

COMPREHENSIVE IMPACT SUMMARY (YEARS 1-5) *CONT.*

Medical & Higher Education Collaboration

- Engaged 201 medical students from the Medical College of Georgia who served as program coordinators, small-group facilitators, and mentors, strengthening their trauma-informed care approach as future physicians.
- Built a sustainable model where trauma-informed relational skills will influence care delivery for tens of thousands of future patients.



Expanded Access for Underserved & Justice-Involved Youth

- Piloted a Resilient Teens Summer Program, supported by a Criminal Justice Coordinating Council grant, to serve justice-involved youth in a supportive, resilience-building environment.

Summary of Key Impacts

Year 1 – Year 5

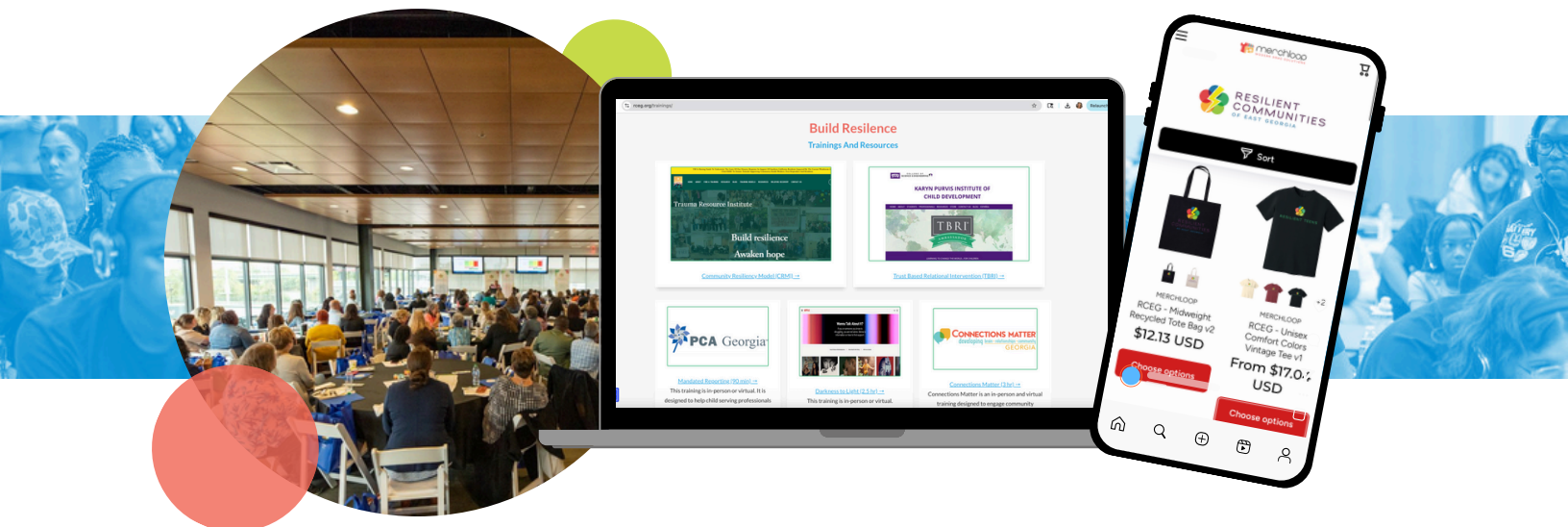
COMPREHENSIVE IMPACT SUMMARY (YEARS 1-5) CONT.

Community Training, Capacity Building & Systems Change

- Delivered trauma-informed and child-safety trainings (Mandated Reporter, Darkness to Light, Safe Sanctuaries, Connections Matter) to 420+ community members, educators, service providers, and healthcare trainees.
- Embedded trauma-informed practices into all 14 Family Connection collaborative plans, strengthening long-term sustainability and alignment across the region.
- Strengthened cross-sector partnerships with Wellstar MCG Health, Augusta University, Child Enrichment, Prevent Child Abuse Council, school systems, and community coalitions.

Regional Engagement, Awareness & Public Leadership

- Hosted three annual regional summits (125-140+ attendees each) to deepen shared learning, elevate best practices, and mobilize cross-sector collaboration.
- Hosted a legislative luncheon featuring Speaker of the House Jon Burns to elevate policy awareness and strengthen advocacy efforts.
- Expanded communication platforms through updated websites, social media, monthly educational blog resources, and a merchandise store supporting community identity and program sustainability.



Accomplishments

Year 6

REGIONAL REACH & COMMUNITY ENGAGEMENT

- Served all 14 counties in the East Central Georgia region with coalition outreach, training, and partnership-building activities.
- Grew regional participation and engagement among schools, youth-serving organizations, healthcare partners, local government agencies, and nonprofit networks.
- Strengthened local capacity by coordinating shared learning environments, technical assistance, peer collaboration, and multi-sector partnerships.



RESILIENT TEENS PROGRAM

- 12 cohorts completed through Fall 2025, with 700+ total teens served across virtual and in-person models.
- Expanded program access to middle school students through Resilient Teens Clubs in one rural middle school and one underserved urban middle school serving 40 teens collectively.
- Continued Resilient Teens Summer program with 29 teens completing the program
- Expanded near peer learning facilitators to include public health, clinical mental health counseling, and school counseling students from Augusta University



RESILIENT
TEENS



TEENS



MEDICAL
STUDENTS



CLUB
PARTICIPANTS



RESILIENT TEENS
AMBASSADORS

Accomplishments

Year 6

TRAINING & CAPACITY BUILDING

Expanded trauma-informed training across sectors through:

Community Resiliency Model (CRM) Training

- Hosted two CRM trainings in June training over 40 community partners.
- Three partners were identified to become CRM trainers and will complete Train the Trainer by December 2025.

Trust-Based Relational Intervention (TBRI) Training

- Four regional leaders earned TBRI Practitioner Certification through the TBRI Georgia Collaborative.



PARTNERSHIP & SYSTEMS-LEVEL CHANGE

- Strengthened alignment with Resilient Georgia's statewide strategy while adapting to local community need.
- Continued collaboration with Georgia Family Connection, Child Enrichment, Inc., Wellstar MCG Health, and Augusta University.
- Resilient Leaders course approved by the Medical College of Georgia as an elective.
- Formed Research & Evaluation Strategy Team to enhance data collection and impact reporting.
- Advocated for PSE (Policy, Systems, and Environment) changes in school and community settings that promote mental wellness, belonging, prevention, and early intervention.

FUNDING, SUSTAINABILITY, & ORGANIZATIONAL GROWTH

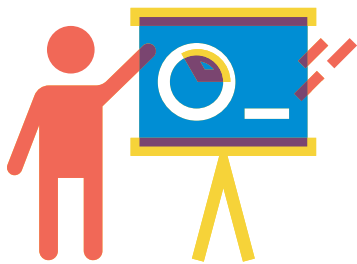
- Secured support from:
 - Cigna Healthcare (\$100,000), Georgia Health Initiative (\$50,000)
- Maintained foundational statewide coalition support through Resilient Georgia.
- Expanded in-kind support for outreach, space, logistics, and student practice placements.
- Increased organizational capacity, visibility, and infrastructure to prepare for future program scaling.

TIC + ACES Related Efforts

Year 6 - Prevention and Intervention

PREVENTION & INTERVENTION ACCOMPLISHMENTS

Over the past year, Resilient Communities of East Georgia has strengthened our prevention and intervention efforts by expanding trauma-informed training, building supportive environments for youth, and equipping adults with practical tools for promoting protective factors. Our work is grounded in community partnerships, cross-sector collaboration, and a shared commitment to healing-centered engagement.



KEY ACTIVITIES & IMPACT

Trauma-Informed Care & ACES Education (A3 | C1)

We continued delivering Trauma-Informed Care (TIC) and Adverse Childhood Experiences (ACEs) education across schools, healthcare settings, nonprofits, and youth-serving organizations. These sessions

introduced a common language around adversity, resilience, and protective factors—creating shared understanding among community partners.

- Delivered trainings across 14 counties with educators, school social workers, DFCS, foster care agencies, healthcare providers, and youth-service organizations.
- Strengthened a regional network of trauma-informed champions who are integrating these concepts into classrooms, service plans, and organizational policies.

Community & Partnership Events (C1 | A3)

We coordinated and supported community events focused on healing, mental wellness, and resilience messaging.

- Co-facilitated events with Georgia Family Connection, The Carter Center, Augusta University, and child/youth advocacy partners.



TIC + ACES Related Efforts

Year 6 - Prevention and Intervention



KEY ACTIVITIES & IMPACT CONT.

Community Resiliency Model (CRM) & Trust-Based Relational Intervention (TBRI) Expansion (A4 | A3)

To ensure our community not only understands trauma but also knows what to do next, we expanded access to the Community Resiliency Model (CRM) and Trust-Based Relational Intervention (TBRI)—both evidence-based frameworks focused on self-regulation, connection, and relational healing.

- Provided CRM workshops for staff, volunteers, parents, and youth mentors.
- Partnered with Child Enrichment, Inc. to incorporate TBRI principles into support for youth in foster care and those who have experienced trauma.
- Developed a regional training pathway so partners can continue implementation independently over time.

Resilient Teens Program- Youth Prevention & Leadership Development (A4)

The Resilient Teens program reached youth across rural, urban, and underserved schools, including students in foster care, students connected to Department of Juvenile Justice (DJJ), and teens identified as at-risk of behavioral health challenges.

- Provided structured resilience skills-building through virtual and school-based cohorts.
- Hosted the Resilient Teens Summit.
- Expanded to include Resilient Teens Clubs in middle schools, allowing earlier prevention.

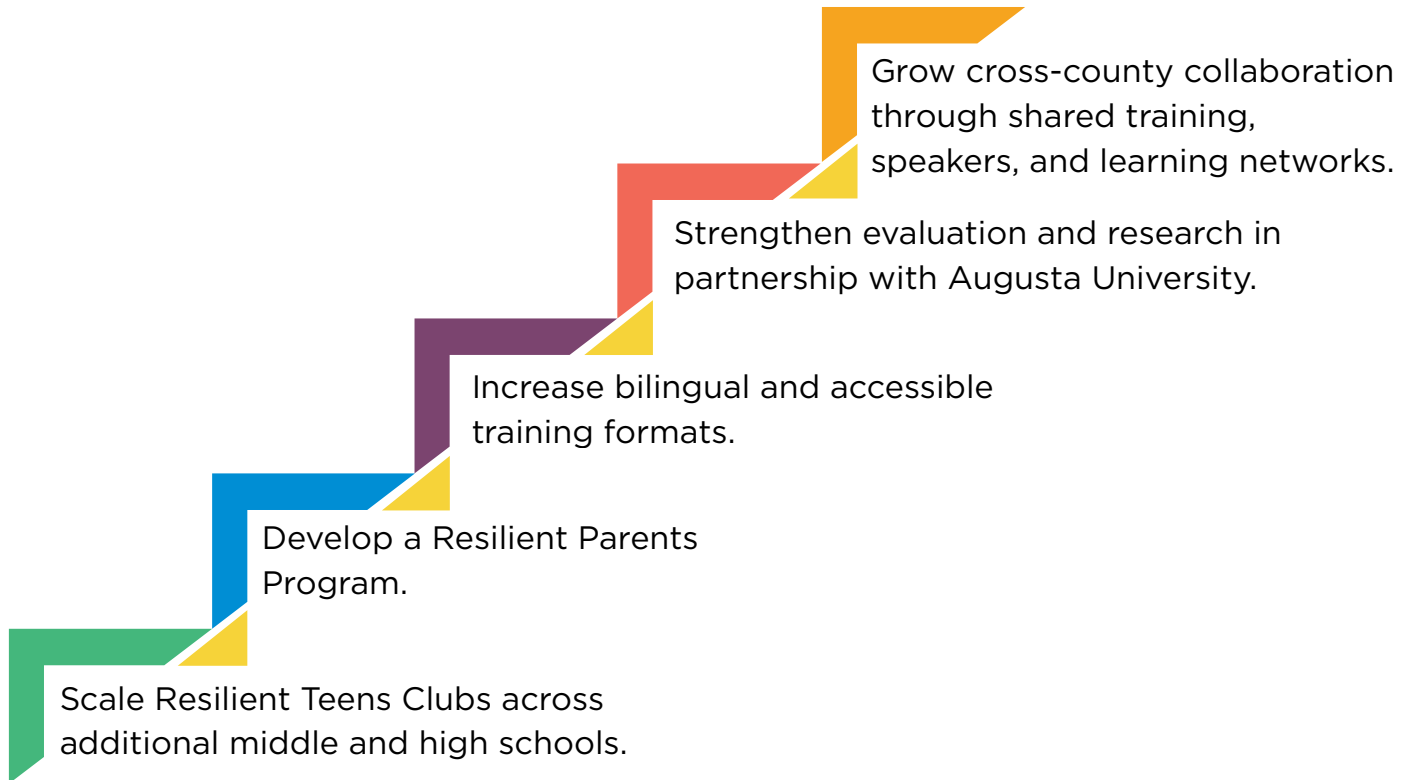


**RESILIENT
TEENS**

TIC + ACES Related Efforts

Year 6 - Prevention and Intervention

PLANNED NEXT STEPS



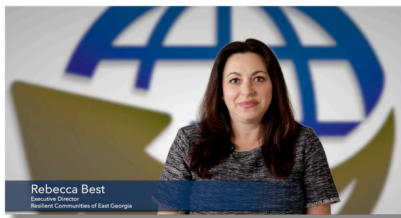
RG STRATEGY ALIGNMENT

Strategy Code	Alignment Summary
A3 Implement Trauma-Informed Practices	TIC, TBRI, CRM training across schools, nonprofits, and healthcare networks.
A4 Promote Evidence-Based Practices to Prevent ACEs and Foster PCEs	Resilient Teens program, TBRI implementation, CRM self-regulation training.
C1 Communicate, Promote & Implement Common Language	ACEs & TIC foundational training and shared messaging through events and engagement.

TIC + ACES Related Efforts

Year 6 - Advocacy

MEDIA APPEARANCES



NEW GRANT PARTNERS



FUNDRAISER



INDIVIDUAL CONTRIBUTIONS



ADVOCACY AND POLICY, SYSTEMS, AND ENVIRONMENTAL CHANGE ACCOMPLISHMENTS

Over the past year, Resilient Communities of East Georgia (RCEG) has focused on advancing trauma-informed systems change and building advocacy momentum across sectors. We are working to embed trauma-informed principles into organizational culture, workforce policies, and community practices—ensuring that resilience is not just taught, but sustained through long-term structural change.

TIC + ACES Related Efforts

Year 6 - Advocacy

ADVOCACY AND POLICY, SYSTEMS, AND ENVIRONMENTAL CHANGE ACCOMPLISHMENTS

Over the past year, Resilient Communities of East Georgia (RCEG) has focused on advancing trauma-informed systems change and building advocacy momentum across sectors. We are working to embed trauma-informed principles into organizational culture, workforce policies, and community practices—ensuring that resilience is not just taught, but sustained through long-term structural change.

KEY ACTIVITIES & IMPACT



Policy & Systems Change Momentum (D2 | A4)

- Collaborated with Resilient Georgia and Georgia Family Connection Collaboratives to align local action plans with statewide trauma-informed care policy frameworks.
- Engaged county commissions, school districts, and healthcare networks in discussions around embedding ACEs awareness and resiliency language into agency operations and youth programming.

Integration into Workforce Development & Education (A4 | D2)

- Partnered with Augusta University's Medical College of Georgia to approve Resilient Leaders as an academic course.
- Continued to engage with educators, social workers, and healthcare professionals to promote mandatory trauma-informed training.



TIC + ACES Related Efforts

Year 6 - Advocacy

KEY ACTIVITIES & IMPACT *CONT.*



Community Advocacy & Awareness (C1 | D2)

- Hosted and participated in community events, speaker series, and roundtables that elevated trauma-informed messaging.
- Engaged media, civic leaders, and nonprofit partners to promote shared language around resilience and well-being.
- Highlighted youth voice through the Resilient Teens Summit and community storytelling efforts.

Partnerships for Sustainable Change (D2)

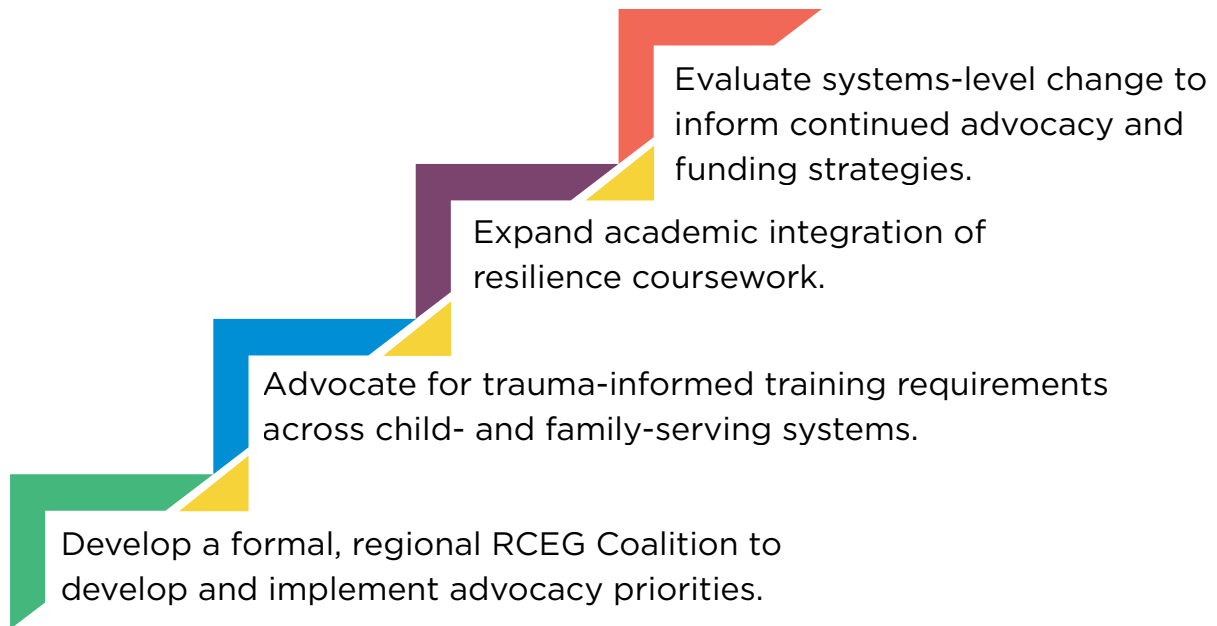
- Partnered with Child Enrichment, Inc., Augusta University, and 14 Family Connection Collaboratives in east central Georgia to coordinate multi-agency capacity building.
- Built coalitions bridging education, healthcare, and social services to support sustainable systems-level improvements.
- Received funding from Georgia Health Initiative and Cigna Foundation to expand the Resilient Teens program into three additional counties in partnership with Resilient Coastal Georgia.



TIC + ACES Related Efforts

Year 6 - Advocacy

PLANNED NEXT STEPS



RG STRATEGY ALIGNMENT

Strategy Code	Alignment Summary
A4 Promote Evidence-Based Practices to Prevent ACEs and Foster PCEs	Integrated resilience frameworks into education and workforce development.
C1 Communicate, Promote & Implement Common Language	Elevated trauma-informed language across public systems and partnerships.
D2 Partner with Diverse Stakeholders for Sustainable Systems Change	Built multi-sector coalitions and advanced trauma-informed policy momentum.

TIC + ACES Related Efforts

Year 6 - Training

TRAINING & WORKFORCE DEVELOPMENT

Over the past year, Resilient Communities of East Georgia continued to expand trauma-informed training access across our 14-county region, with a specific focus on building a resilient workforce that understands how trauma and stress impact development, behavior, learning, and health. Our goal is not only to raise awareness, but to equip professionals, caregivers, and youth leaders with practical skills that can be immediately implemented in classrooms, homes, and service settings.

KEY ACTIVITIES & IMPACT



Trauma-Informed Care & ACEs Foundations (C1 | A4)

Delivered trauma-informed care and ACEs science training to establish a shared language and baseline understanding across sectors, helping individuals recognize protective factors that foster healing.



Community Resiliency Model (CRM) (A4 | C4)

Provided CRM training to support adults and youth-serving professionals in learning self-regulation tools to manage stress and model emotional balance for others.



Trust-Based Relational Intervention (TBRI) (A4 | D2)

Partnered with Child Enrichment, Inc. to offer TBRI training to strengthen how adults connect, empower, and support youth impacted by trauma.



Resilient Teens Facilitator Training (E1 | C4)

Equipped youth mentors, AmeriCorps members, school partners, and volunteers to deliver resilience-building instruction to students in rural and urban schools.

TIC + ACES Related Efforts

Year 6 - Training



- (4 HOURS)
- Connections Matter is an in-person and virtual training designed to engage community members in building caring connections to: improve resiliency, prevent childhood trauma, and understand how our interactions with others can support those who have experienced trauma.
- cmgeorgia.org
- 64 people trained in 2024



OFFICE *of the*
CHILD ADVOCATE

- (90 MINUTES)
- Mandated Reporter training is in-person or virtual. It is designed to help child serving professionals and volunteers who suspect child abuse respond legally and morally. This meets the yearly training requirement for schools and youth serving organizations.
- abuse.publichealth.gsu.edu/training
- 490 people trained in 2024



- (2.5 HOURS)
- This training is in-person or virtual. Prevention training featuring real people and real stories about protecting children from sexual abuse. Participants learn how to prevent, recognize, and react responsibly to child sexual abuse.
- d2l.org/education/stewards-of-children
- 66 people trained In 2024

SAFE SANCTUARIES

- (2 HOURS)
- This training is for local churches working with children, youth, and vulnerable adults. It covers the basics of Safe Sanctuaries and why it's important for your local church to implement it. In your local setting, you will find it is easier to follow directives and put boundaries in place if you understand why it is necessary.
- sgaumc.org/safesanctuaries
- 66 people trained in 2024

TIC + ACES Related Efforts

Year 6 - Training

WHO WE REACHED



COMMUNITY

7

training events

151

participants

13

training event
hours



EARLY CHILDHOOD EDUCATION

7

training events

149

participants

11.5

training event
hours



FAITH-BASED ORGANIZATIONS

1

training events

22

participants

1

training event
hour



HEALTHCARE

6

training events

137

participants

11

training event
hours



CRM WORKSHOPS

School Staff,
Parents, Providers

Taught self-regulation &
nervous system support
tools



RESILIENT TEENS FACILITATOR TRAINING

Medical College of Students, Clinical
Mental Health Counseling Students,
Public Health Interns

Expanded resilience-based
youth leadership



TBRI TRAINING

Coming 2026

Strengthen attachment
and trauma-responsive
support

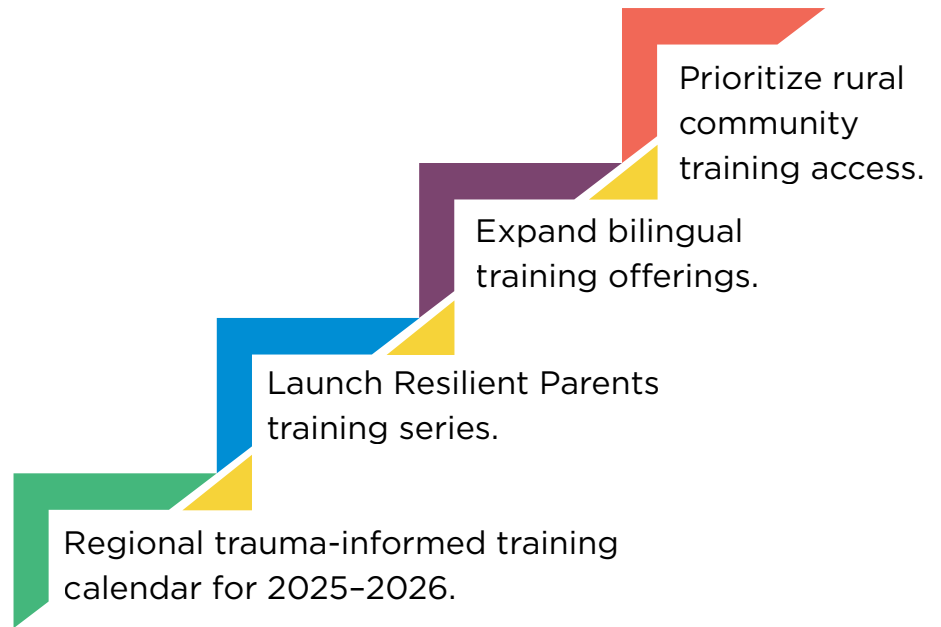
TIC + ACES Related Efforts

Year 6 - Training

PARTNERSHIPS & COLLABORATIONS



PLANNED NEXT STEPS



RG STRATEGY ALIGNMENT

Strategy Code	Alignment Summary
A4	Adoption of evidence-based practices like CRM and TBRI.
C1	Built a shared trauma-informed regional language.
C4	Aligned training across sectors and counties.
D2	Partnered across systems for sustainable change.
E1	Expanded equitable access in rural counties.

TIC + ACES Related Efforts

Year 6 - Research and Evaluation

DATA, EVALUATION, AND LEARNING

This year, Resilient Communities of East Georgia (RCEG) strengthened our approach to data collection and evaluation to better understand the impact of our work across programs, communities, and workforce training initiatives. As our programming continues to expand regionally, we are building consistent evaluation practices that align with evidence-based frameworks, statewide learning models, and community voice.



KEY ACCOMPLISHMENTS IN EVALUATION & LEARNING

Foundation for Program Evaluation Established

- Enhanced our Resilient Teens evaluation tools by adding an ACEs-informed child measure and three validated scales (emotional regulation, resilience skills, belonging) following review and revision by our Research Strategy Team.
- Updated weekly facilitator and participant surveys to reflect each session's content and relational engagement, strengthening our feedback loop and program responsiveness.
- Began tracking changes in protective factors, belonging, coping strategies, and emotional regulation.

Research Partnership with Augusta University (A4 | D2)

Formalized collaboration with Augusta University and the Medical College of Georgia to:

- Support the Resilient Leaders academic course.
- Form a Research Strategy Team to guide long-term impact measurement.
- Explore longitudinal tracking and publishable research pathways.



TIC + ACES Related Efforts

Year 6 - Research and Evaluation

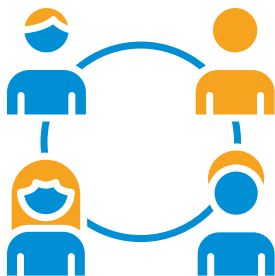


KEY ACCOMPLISHMENTS IN EVALUATION & LEARNING CONT.

Evaluation of Workforce Training (A4 | C1 | C4)

Evaluation now measures:

- Knowledge shifts in trauma awareness.
- Application of CRM & TBRI strategies.
- Changes in organizational practice related to trauma-informed care.



Integration of Equity & Community Voice (E1 | D2)

Evaluation methods are designed to be trauma-sensitive, culturally responsive, and accessible to rural and under-resourced communities. Feedback loops ensure decisions reflect diverse lived experiences across the region.

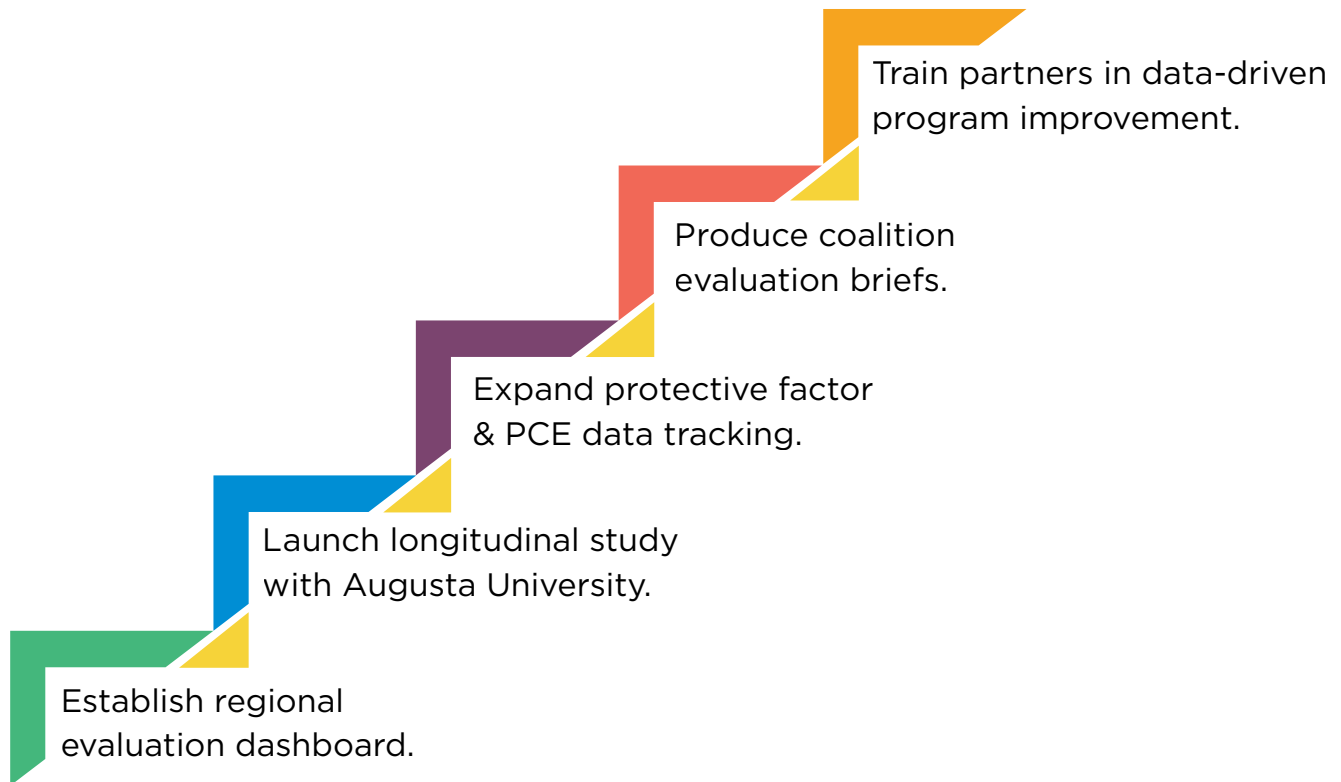
DATA COLLECTED SO FAR & USE

Data Type	What We Learned	How It Guides Next Steps
Youth Self-Assessments	Growth in belonging & resilience skills	Expand Clubs model & refine curriculum
Facilitator Feedback	Need ongoing coaching & support	Create facilitator learning network
Training Survey Outcomes	CRM/TBRI increase confidence & reduce burnout	Develop Resilient Workforce Toolkit
County Partnership Feedback	Desire for consistent messaging & tools	Create regional communications dashboard

TIC + ACES Related Efforts

Year 6 - Research and Evaluation

PLANNED NEXT STEPS



RG STRATEGY ALIGNMENT

Strategy Code	Alignment Summary
A4	Tracks outcomes tied to protective factors and positive childhood experiences.
C1	Shared evaluation language across 14 counties.
C4	Evaluation informs aligned cross-sector training improvements.
D2	Research partnerships drive long-term systems change.
E1	Data practices intentionally center rural and under-resourced communities.

Innovative Partnerships

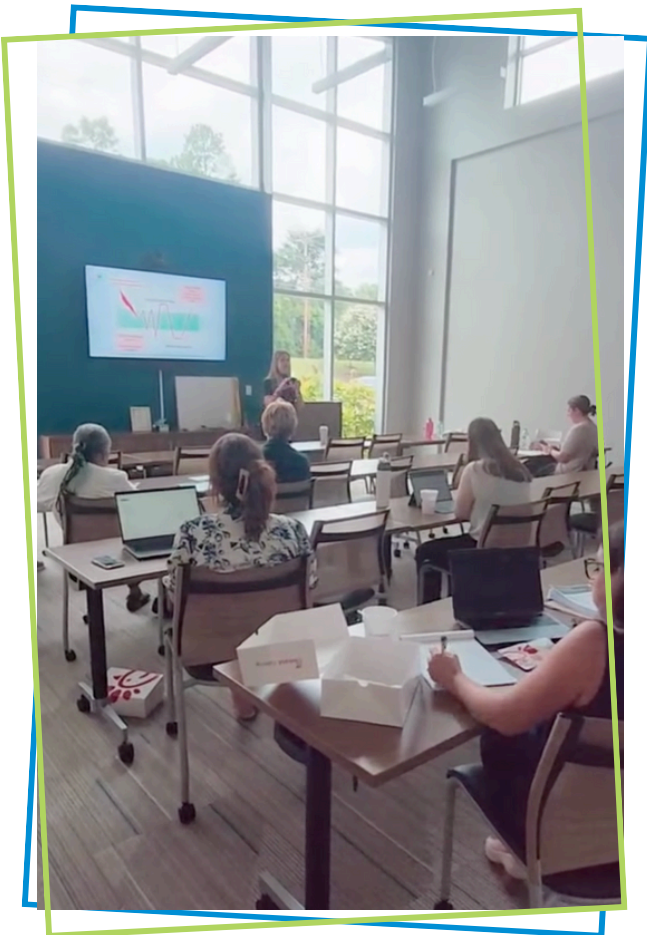
One of the most significant and innovative partnerships this year has been the deepened collaboration between Resilient Communities of East Georgia (RCEG) and Child Enrichment, Inc.



(CEI). This partnership has strengthened trauma-informed service delivery, expanded access to skilled trainers and practitioners, and created a shared infrastructure for prevention, caregiver support, and youth mental and behavioral health services across the region.

Shared Space & In-Kind Support

RCEG now operates from office space embedded within Child Enrichment, Inc., provided in-kind to support joint planning, collaboration, and coordinated service delivery. This co-location has enhanced daily communication, resource alignment, and trauma-informed program integration across both organizations.



Shared Leadership & Workforce Expansion

Through a cost-sharing partnership, RCEG supports 50% of the compensation for CEI's Prevention Director, Caitlyn Brantley, who now serves as a central trainer and convening leader for the region. Her role includes:

- Delivering the majority of community-facing trauma-informed trainings
- Expanding Community Resiliency Model (CRM) training capacity across counties
- Convening the Positive Childhood Alliance network
- Planning and executing the annual Child Abuse Prevention & Awareness Conference, which is fully sponsored by RCEG

Innovative Partnerships

This arrangement has directly expanded the trauma-informed workforce by increasing the number of trained practitioners and training opportunities available regionally.

Additionally, Kate Crockett, Director of the Child Advocacy Center (CAC) within CEI, has now become a TBRI Practitioner, further advancing trauma-responsive, relational support for youth and families.

Youth Mental Health & Safety Support in Resilient Teens

CEI counselors attend Resilient Teens Clubs and Virtual Cohorts to provide on-site emotional support and regulated, trauma-informed response when youth experience triggers, disclose difficulties, or require immediate connection with a trained professional. This ensures that Resilient Teens remains:

- Emotionally safe
- Trauma-responsive
- Grounded in strong protective factors

RCEG and CEI also maintain a shared Mandated Reporter and Incident Response Protocol, ensuring that any disclosure of abuse or harm is immediately and properly referred to the Child Advocacy Center for follow-up and support. This model provides consistency, safety, and professional care, especially during youth programming where emotional topics are discussed.



Innovative Partnerships

Outcomes of This Partnership

- Expanded trauma-informed training reach across schools, providers, and parents
- Increased CRM and TBRI capacity in the youth-serving workforce
- Strengthened regional child abuse prevention and awareness efforts
- Created a warm handoff pathway for youth needing mental or emotional support
- Modeled cross-organization collaboration rooted in shared responsibility and healing-centered engagement

This partnership is a regional example of how prevention organizations, advocacy centers, and resilience coalitions can align roles, resources, and expertise to create sustainable trauma-informed systems.

Trauma-Informed Workforce Contribution

This collaboration supports a trauma-informed workforce by:

- Increasing the number of trained professionals using evidence-based resilience strategies
- Embedding trauma-informed practices directly into youth programming environments
- Expanding organizational capacity for regulation, connection, and safe response
- Strengthening professional pipelines that support long-term, community-rooted trauma-responsive care



Spotlight

Trust-Based Relational Intervention (TBRI) Training & Expansion



This year, Resilient Communities of East Georgia (RCEG) deepened its trauma-informed workforce capacity through the Karyn Purvis Institute of Child Development at Texas Christian University, a nationally recognized leader in Trust-Based Relational Intervention (TBRI).

TBRI Practitioner Certification

Four coalition members completed the full TBRI Practitioner Certification Program as part of the TBRI Georgia Collaborative, hosted in partnership with Restoration Rome in Floyd County. Two participants were funded through a State of Hope grant, and the other two were able to complete training thanks to additional grant support from Resilient Georgia. The certification process included:

- Completion of 10 online learning modules in trauma, attachment, neurobiology, and relational healing.
- The Adult Attachment Interview.
- Virtual group-based coaching and reflective supervision.
- A 5-day in-person intensive training on applying TBRI principles in real-world settings.

This training equipped practitioners to translate trauma science into everyday relational practices that promote safety, connection, self-regulation, and healing for children, teens, and families.

Regional Workforce Development

The four newly certified TBRI Practitioners will now serve as regional trainers, expanding trauma-informed relational support across schools, youth programs, foster care networks, family advocacy, behavioral health organizations, and parent/caregiver support settings.

For me, it helped put all these theories together that I'd kind of known about but they turned them into actionable steps to take. I'd learned about Attachment Theory before, but doing my own interview helped me to dive deeper into how that affects relationships. The teaching of the connecting, empowering, and correcting principles really broke down how to build these strong relationships to enact change for our youth.

- Kate Crockett, Director,
Child Advocacy Center

Spotlight

Trust-Based Relational Intervention (TBRI) Training & Expansion *cont.*

Integration with Resilient Teens

As the Resilient Teens program expands, the next strategic step is to extend TBRI training to the adults who interact with teens daily—school staff, parents and caregivers, youth mentors, and afterschool leaders. Strengthening relational capacity within youth ecosystems enhances protective factors, belonging, and emotional safety.

"TBRI training has provided the infrastructure and language to talk about what I have inherently learned to do over the years as a pediatrician who has a focus on patient and family centered care. In my work with residents and medical students I now say "evidence shows..." rather than, "I usually say...". And it is changing the way we interact with patients and families in the best of ways. It's like trauma informed care on steroids!"

-Dr. April Hartman, Dorothy A. Hahn, MD Endowed Chair in Pediatrics Associate Professor and Vice Chair of Diversity; Division Chief, General Pediatric & Adolescent Medicine Department of Pediatrics, Medical College of Georgia, Wellstar MCG Health

Upcoming Engagement & Outreach Initiatives

- *SMS Community Microlearning Campaign*
 - RCEG will launch a text-based microlearning campaign that provides short, accessible TBRI strategies, scripts, and regulation tools to families, caregivers, and community partners in real time.
- *Place-Based Family Training Partnerships*
 - RCEG will partner with housing developments and local faith-based organizations to host free TBRI caregiver workshops that include shared meals and childcare to remove barriers to participation and increase accessibility.

Why This Matters

This effort ensures TBRI is not just a training but a regional relational framework that strengthens families, supports educators, increases youth resilience, reduces behavioral crises, and prevents re-traumatization in care environments.

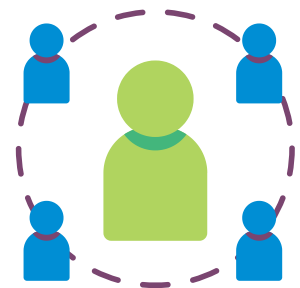
Inspired Action

How Our Community Can Support Resilient Communities of East Georgia & Resilient Teens

Resilient Communities of East Georgia is stronger because of the shared commitment of schools, families, youth-serving organizations, faith leaders, healthcare partners, businesses, and neighbors across our region. There are many meaningful and accessible ways to help our work grow and sustain impact:

Stay Connected and Share Our Message

We believe everyone has a role in building resilience. One of the simplest and most powerful ways to support the coalition is by staying connected and sharing our message within your circles.



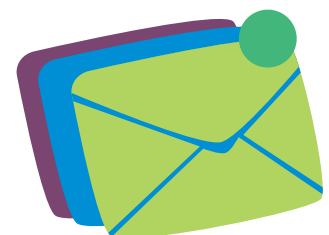
Follow & Share on Social Media:

- Facebook: facebook.com/ResilientCommunitiesEG
- Instagram: instagram.com/resilientcommunitieseg
- Website: rceg.org (Our website includes training calendars, program descriptions, outreach opportunities, coalition resources, and contact information.)



Join Our Email List:

We share updates on trainings, community events, coalition meetings, and youth opportunities. (Sign-up available at rceg.org.)



Inspired Action

How Our Community Can Support Resilient Communities of East Georgia & Resilient Teens *cont.*

Participate in Training & Spread Trauma-Responsive Practices

We offer free professional development to build shared understanding and capacity across sectors.

Current trainings include:

- Community Resiliency Model (CRM) – nervous system regulation for self and others
- Trust-Based Relational Intervention (TBRI) – relationship-based support for youth and families
- Resilience & Trauma Awareness Workshops
- Youth Leadership and Mentorship Tools

Invite us to train your:

- School staff
- Youth-serving program teams
- Churches/faith groups
- Workplace or organization
- Healthcare or mental health providers

Email: info@rceg.org to schedule a training.



Support Resilient Teens

Resilient Teens provides mentorship, peer networks, leadership development, and resilience-building experiences for middle and high school youth across the region.

Ways to help:

- Encourage a teen to sign up for the virtual Resilient Teens program – offered twice per year.
- Encourage schools, clubs, churches, and youth programs to host a Resilient Teens Club.
- Sponsor incentives, meals, supplies, or transportation for youth participants.
- Volunteer at the Annual Resilient Teens Summit as an activity leader, small group guide, or setup crew.
- Serve as a Guest Speaker sharing professional, creative, or leadership pathways.

Inspired Action

How Our Community Can Support Resilient Communities of East Georgia & Resilient Teens *cont.*

Fundraising, Sponsorship & Giving Opportunities

Community support allows us to remove barriers to participation (meals, transportation, youth incentives, childcare, materials, etc.) and expand into more counties and schools.

Current giving and partnership opportunities include:

- Resilient Teens Program Sponsorships (annual, semester, or per cohort)
- Sponsor a Training Series (CRM or TBRI) to allow free attendance + meals
- Sponsor the Annual Resilient Teens Summit
- General Donations to support sustainability and future growth

To give or discuss partnership opportunities, contact Rebecca Best, Executive Director: rebecca@rceg.org. A donor packet and sponsorship menu are available upon request.

Attend or Host Community Events

Upcoming events and involvement opportunities are shared on:

- rceg.org/events
- Facebook & Instagram
- Email newsletters

Invite Us Into Your Community

If your school, neighborhood, organization, church, agency, or business is passionate about building culture that supports resilience, you can help by introducing us to leadership or community connectors. Much of our growth happens through local relationships.

Everyone Can Do Something.

Whether it's attending a training, donating, volunteering at the Summit, sharing our posts, or simply inviting someone to join the conversation — you are part of the resilience network. Together, we are changing outcomes and creating new possibilities for children, teens, families, and communities across East Georgia.

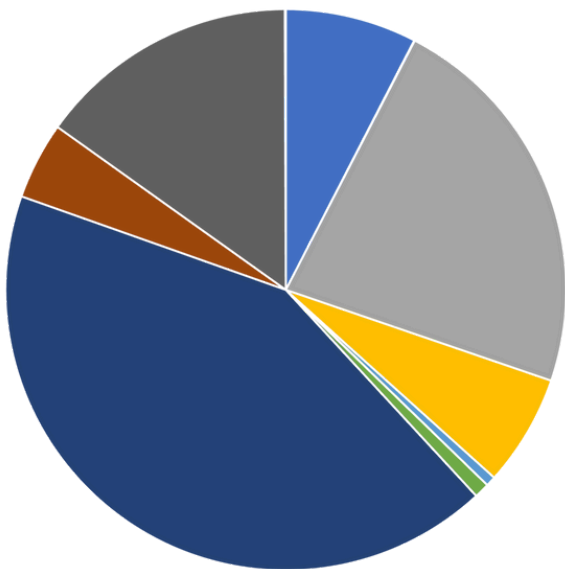
Income Statement

RCEG 2025 Revenues



- Pittuloch Foundation
- Juvenile Prevention & Intervention
- Cigna Foundation
- Annie E. Casey Foundation
- State of Hope
- Georgia Health Initiative
- Resilient Georgia - CRM + TBRI
- SRP Federal Credit Union

RCEG 2025 Expenses



- Advertising & Marketing
- Office Supplies & Software
- Bank Charges & Fees
- Program Operations
- Contractors
- Resilient Teens Summit
- Legal & Professional Services
- Training
- Meals & Entertainment
- Travel

Acknowledgements

We thank you for your continued support in our efforts to contribute to healing centered engagement.



THE PITTULLOCH FOUNDATION



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for the
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FOUNDATION

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